

#### ARTS, COMMERCE & SCIENCE COLLEGE, MAREGAON, DIST. YAVATMAL – 445 303 (Accredited by NAAC at 'B+' Grade with CGPA 2.51) MAHARASHTRA STATE

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#### THE ANNUAL QUALITY ASSURANCE REPORT (AQAR) 2017-18 OF THE IQAC

1.	Details of th	e Institution	l								
1.1	Name of the	e Institution		Arts, C	ommer	ce ar	nd Science Colle	ge, Maregaon			
1.2	Address Lir	ne 1		Yavatmal Wani Road							
	Address Lir	ne 2		Maregaon							
	City/Town			Maregaon							
	State			Mahara	shtra						
	Pin Code			445303							
	Institution e	e-mail addres	SS	acsmare	egaon@	<sup>)</sup> gma	ail.com				
	Contact No		07237-2	237216	(0)	237216 (R)					
		Name of the Head of the				. Gh	arde				
	Institution										
	Tel. No. with	STD Code:		07237-237216							
	Mobile:	1		9850365		0.000					
1.2	IQAC e-mai			acsiqac@gmail.com MHCOGN22038							
1.3	NAAC Irac NAAC Exec			EC(SC)/20/A&A/35.1 dated 16-12-2016							
1.4	Committee N			Le(00)/20/10/10/030.1 duied 10-12-2010							
1.5	Website add			www.ac	scollege	nare	gaon.co.in				
	Web-link of	f the AQAR	:	www.acscollegemaregaon.co.in/ AQAR REPORT -							
				2017-18 Pdf.							
1.6	Accreditatio	on Details									
	Sr.No.	Cycle	G	rade	CGP	4	Year of	Validity			
		- ,				_	Acceditation	Period			
	1	1 <sup>st</sup> Cycle		B+	2.5	1	2016	5			
1.7	Date of Esta	ablishment o	of IQ	AC :			30-01-2015				
1.8	AQAR for th	ne year:				2017-18					
1.9	Details of the	ne previous y	year	's AQAF	ł	+					
		o NAAC afte					-				
		and Accred	litati	on by N	AAC						
1.10	Institutional			Хала <u>фия</u> 1. Г	. ת						
	University:	□ State:		entral:	Dee	mec	l:				

PART- A

Revised Guidelines of IQAC and submission of AQAR

	Affiliated College:	Yes 🗹 N	о 🗌			
	Constituent College:	Yes 🗌 N	o 🗌			
	Autonomous college of UGC	C: Yes 🗌 No	D 🗌			
	Regulatory Agency approved:	Yes 🗌 Ne	o 🗌			
	Institution					
	(eg. AICTE, BCI,MCI, PCI,NCI)					
	Type of Institution	Co-education	🗹 Men 🗌 Women 🔲			
		Urban	🗌 Rural 🗌 Tribal 🛛			
	Financial Status	Grant-in-aid	$\ensuremath{\boxtimes}$ UGC 2(f) $\ensuremath{\boxtimes}$ UGC 12B $\ensuremath{\boxtimes}$			
		Grant-in-aid -	- Self Financing  ☑			
		Totally Self-f	inancing			
1.11	Type of Faculty/Programme	Commerce PEI (Phys Edu)	Law TEI (Edu)			
		Engineering	Health Science			
		Management				
		Others Specify:				
1.12	Name of the Affiliating University	Sant Gadge B	aba Amravati University			
1.13	Special status conferred by	Autonomy by	y State/Central Govt./University	-		
	Central/ State Government-	University w	ith Potential for Excellence	-		
	UGC/CSIR/DST/DBT/ICMR	DST Star Sch	neme	-		
	etc	UGC-Special	l Assistance Programme	-		
		UGC-Innova	tive PG programmes	-		
		UGC-COP Pr	rogrammes	-		
		UGC-CPE		-		
		UGC-CE		-		
		DST-FIST		-		
		Any other (Spe	ecify)	-		
2.		Composition a	and Activities			
2.1	No. of Teachers		04			
2.2	No. of Administrative/ Technical	staff	01			
2.2	No. of students		01 02			

		1				
2.4	No. of Management representatives	01				
2.5	No. of Alumni	01				
2.6	No. of any other stakeholder and	01				
	community representatives					
2.8	No. of other External Experts	01				
2.9	Total No. of members	12				
2.10	No. of IQAC meetings held	04				
2.11	No. of meetings with various stakeholders:	02				
	Faculty	02				
	Non-Teaching Staff	01				
	Alumni	01				
	Others					
2.12	Has IQAC received any funding from UGC	Yes 🗉 No 🗹				
	during the year?					
	If yes, mention the amount					
2.13	Seminars and Conferences (only quality related)					
	(i) No. of Seminar/Conferences/	Total Nos.: 02				
	Workshops/ Symposia organized	International : 00				
		National: 00				
		State: 00				
	By the IQAC	Institution Level: 02				
	(ii) Themes	Awareness about increasing				
		NAAC Accreditation grade of				
		institute and new guide lines				
		of the NAAC				
		• '' Stock exchange workshop''				
		Workshop on cashless				
		transition for students and staff"				
		51411				

2.14	Significant activities and contributions made by IQAC	<ul> <li>Designed Institutional Academic Calendar</li> <li>Conducted workshop on Research Methodology and Preparation of Research Proposal</li> <li>Conducted Training on Google Apps for staff members.</li> <li>Conducted ICT Training programme for staff members.</li> <li>Conducted English Language Training Programme.</li> <li>Conducted workshop on 'Cyber Crimes'</li> <li>Conducted MS Word and Excel training programme.</li> </ul>					
2.15	Plan of Action by IQAC/Outcome The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year						
	Plan of Action	Achievements					
	To conduct guest lectures	Various departments organized 42 guest lecturers					
	Planned to conduct 10 Field visits	Various departments conducted 10 field visits					
	To conduct legal awareness camps	Conducted two legal awareness camp					
	To organize Alumni interactions	Various departments conducted 14 alumni interactions					
		-					
	To conduct 03 seminars/workshops/ conferences/symposia	-					
	_	interactions					
	conferences/symposia	interactions Conducted 03 workshops at institutional level Various departments conducted special classes for					
	conferences/symposia To reduce dropout ratio	interactions Conducted 03 workshops at institutional level Various departments conducted special classes for backlock students NSS conducted Yoga classes regularly in college					
	conferences/symposiaTo reduce dropout ratioTo organize Yoga classesTo organize Blood Donation and	interactions Conducted 03 workshops at institutional level Various departments conducted special classes for backlock students NSS conducted Yoga classes regularly in college premises NSS conducted Blood Donation and Health check					

Whether the AQAR was placed in statutory body	Yes Management	- -	No 🗹 Syndicate 🗔
Provide the details of the action taken	Any other body	-	

			PART - B					
1.	<u>Criterion – I</u>							
1.1	Details about Academ	ic Programmes	5					
	Curricular Aspe	<u>ets</u>						
	Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added/Career Oriented Programmes			
	PhD	Nil	Nil	Nil	Nil			
	PG	Nil	Nil	Nil	Nil			
	UG	03	Nil	Nil	Nil			
	PG Diploma	Nil	Nil	Nil	Nil			
	Advanced Diploma	Nil	Nil	Nil	Nil			
	Diploma	Nil	Nil	Nil	Nil			
	Certificate	Nil	Nil	Nil	Nil			
	Others	Nil	Nil	Nil	Nil			
	Total	03	00	00	00			
	Interdiciplinary	Nil	Nil	Nil	Nil			
	Innovative	Nil	Nil	Nil	Nil			
1.2		um CBCS/ ctive option tions f	UG Course     Pattern     Semester     Trimeste     Annual	r 03 UG p	ive options of programmes rogrammes - -			
1.3	Feedback from stakeh (On all aspects) Mode of feedback : *Please provide an anal feedback in the Annexu	lysis of the	AlumniImage: ParentsImage: ParentsEmployersImage: StudentsImage: ParentsOnlineImage: ParentsImage: ParentsOnlineImage: ParentsImage: ParentsCo-operating schools (for PEI)Image: Parents					
1.4	Whether there is any revision/ update of regulation or syllabi, if yes, mention their salient aspects. Yes Teachers actively participated in syllabus restruct workshop, seminars, faculty improvement progra							

		All the departments updated the syllabus. Science departments introduced advancement in the experiments by their novel ideas and research. Language and other departments introduced practical component in their syllabus.									
1.5	Any new Department/Centre introduced during the year. If yes, give details	Nil									
2.	Criterion – II Teaching, Learning and Eva	luation									
2.1	Total No. of permanent faculty	Total	Total Asst. Professors		Pro	Associate Professors 03		Professors		Oth	ers
2.2	No. of permanent faculty with Ph.D.	12									
2.3	No. of Faculty Positions Recruited (R) and Vacant (V) during the year	07	sors V 				sors V 	Oth R 	ers V 	Tot R 07	al V 
2.4	No. of Guest and Visiting faculty and Temporary faculty	17									
2.5	Faculty participation in conferences and symposia	Attended0013Presented papers0007						Stat leve 00 00 00			

2.6	-	rocesses adopted ation in Teaching g:	<ul> <li>PPT discut</li> <li>Stude</li> <li>Intro- of res</li> <li>Intro- langu</li> <li>Stude</li> </ul>	<ul> <li>Students Seminar, quiz, map reading skills</li> <li>PPT presentation by students, Group discussions</li> <li>Student research project</li> <li>Introduction of software and cyber crimes</li> <li>Introduction of novel ideas for advancement of research</li> <li>Introduction of 'practical class' concept in language Papers</li> <li>Students centric learning approach</li> <li>ICT training programme for students</li> </ul>							
2.7		of actual teaching this academic year	•								
2.8	initiated by example: Examination, Valuation,	Evaluation Reform the Institution (f Open Bo Bar Coding, Doub Photocopy, Onli ice Questions)	For   Dotate     ok   • Reva     ole   • Perso		nd Re-tota h on every	C					
2.9	involved restructuring developmen	faculty membe in curriculu g/revision/ syllab t as member ty/Curriculum at workshop	m us								
2.10	of students	entage of attendan									
2.11		amme wise distrib	ution of pass perce	ntage:							
<i>4</i> ,11	Title of the	Total no. of		Γ	Division						
	Programme	studentsappeared	Distinction %	I %	II %	III %	Pass %				
	B.A.	131			22.13	6.11	28.24				
	B.Com.	37			27.03	37.83	64.86				
	B.Sc.	103		31.07	16.50		47.57				

2.12	How does IQAC Contri Teaching and Learning		Evaluate the	<ul> <li>Conducting IQAC committee meetings</li> <li>Conducting staff meetings</li> <li>Conducting meetings with HOD's</li> <li>Conducting academic audit regularly</li> <li>Intrraction with students</li> </ul>					
2.13	Initiatives undertake		• •						
	Faculty / Staff Deve	lopment Prog	grammes	Number of faculty be	enefitted				
	Refresher courses			04					
	UGC – Faculty Improv	ement Program	nme	02					
	HRD programmes			Nil					
	Orientation programm			07					
	Faculty exchange prog		•,	Nil					
	Staff training conducte	-	-	Nil					
	Staff training conducters	-		Nil					
	Others	ols, workshop	os, etc.	Nil Nil					
2.14	Details of Administrativ	ve and Technic Number of Permanent	al staff: Number of Vacant	Number of Permanent Positions filled during	Number of positions				
		Employees	Positions	the Year	filled temporarily				
	Administrative Staff	09	02						
	Technical Staff	04							
3.	Criterion – III Research, Consult	ancy and <b>E</b>	Extension						
3.1	Initiatives of the IQAC in Sensitizing/ Promoting Research Climate in the institution	<ul> <li>Faculty members encouraged for doctrol studies (Ph D)</li> <li>Faculty members encouraged for applying Funded Research Project</li> <li>Faculty members encouraged for Ph.D Supervisor recognition</li> <li>The Departments promoted for getting research centres recognition</li> </ul>							

r		Γ						
3.2	Details regarding		Comp	oleted	Ongoin	g	Sanctioned	Submitted
0.2	major projects	Number	(		0	0	0	0
	(2017-2018)	Outlay in						
		Rs. Lakhs	(	)	0		0	0
3.3	Details regarding		Comr	oleted	Ongoin	σ	Sanctioned	Submitted
5.5	minor projects	Number	Comp (	)	2	g	0	0
	(2015 10)	Outlay in		-				
	(2017-18)	Rs. Lakhs	(	)	6.786	67	0	0
3.4	Details on			Intern	ational	Na	tional	Others
	research	Peer Review			16		07	-
	publications	Journals	•					
		Non- Peer Re Journals	view		-		-	
		e-Journals			_		-	_
		Conference			_		12	_
		proceedings						
3.5	Details on Impact factor of	Range 🖃			1	Aver	age 🖃	
	publications:	h-index 🖃			No. i	n Sco	opus 🖃	
3.6	Research funds sand other organizations		eived f	rom va	rious fur	nding	agencies, ind	ustry and
	Nature of the I	Project	Du	ation	Name	of the	e Total grant	Received
			Yea	ır	fundin	g	Sanctioned	(In Lakhs)
			(20	17-18)	Agenc	у	(In Lakhs)	
	Major projects			-	-		-	-
	Interdisciplinary Pro	jects		-	-		-	-
	Industry sponsored	.1 11	,	-	-		-	-
	Projects sponsored b College	by the University/		-	-		-	-
	Students research pro- (other than compulsory by			-	-		-	-
	Any other (Specify)	ine Oniversity)		-	-			-
	Total:			-	-		_	-
3.7	No. of books publis	shed:						
	(i) With IS	BN No.						
		s in Edited Boo	oks		03			
1								

3.8	No. of Universi receiving funds		ts	UGC-SAP     □     CAS     □     DST-FIST     □       DPE     □     DBT Scheme/funds     □								
3.9	For Colleges			Autono DBT Sta CE	omy ar Schem	e	- -		CPE INSPIR Any Ot		- - -	
3.10	Revenue gene consultancy	erated throug	ţh	Nil								
3.11	No. of conference	ences organi	zed	by the l	Institutio	n						
	Level	International	N	Vational	State	Un	iversity	7	С	olleg	e	
	Number	-		0	0		0			03		
	Sponsoring agencies	-		-	-		-		Arts, Commerce and Science College, Maregao			
3.12	No. of faculty	v served as ex	xpe	rts, chai	rpersons	or		01				
	resource persons											
3.13	No. of collabo	orations	Ir	nternatior	nal : Nil							
				National: 00								
0.14				any other								
3.14	No. of linkage during this ye			)2								
3.15	Total budget	for research	F	rom Fui	nding ag	ency	/:			Nil		
	for current ye	ar in lakhs:	F	rom Ma	nageme	nt of	f Univ	ersity/	College:	0.5	5	
			Т	'otal:						0.5	5	
	Details (* Yea	ar 2017-18)										
		:	Sem	inar/Wor	kshop	La	khs					
		]	Rese	earch Exp	benses	0.5	5 Lakh	is				
		,	Tota	ıl:		0.5	5 Lakh	IS				
3.16	No. of patents	s received th	is	Туре	of Patent					1	Number	
	year						Appl				-	
	5			Natior	nai		Gran				-	
				Intern	ational		Applied Granted				-	
							Appl				-	
				Comn	nercialize	d	Gran	ted			-	

2.17	No. of research awards/		-					-		
	recognitions received	Total	Inter nationa	National	Stat	e	University	Dist	College	
	by faculty and research	_	-	-	_		_	-	_	
	fellows									
2.18	No. of faculty from the Institu	tion who	are Ph.	D. Guides		02				
	and students registered under t	hem				02				
3.19	No. of Ph.D. awarded by facul	•	he Instit	ution		01				
3.20	No. of Research scholars recei	ving the		JRF		-		SRF	-	
	Fellowships (Newly enrolled -		Project Fello	ows	-		Any oth	er 🖃		
3.21	No. of students Participated in	ents:								
	Unive	el	-							
	State	level		-						
	Nation	nal leve	l	-						
	Intern	ational	level	-						
3.23	No. of Awards won in NS	S:								
	Unive	ersity lev	vel	-						
	State	level		-						
	Nation	nal leve	l	-						
	Intern	ational	level	-						
3.24	No. of Awards won in NC	C:								
	Unive	ersity lev	vel	-						
	State	level		-						
	Nation	nal leve	l	-						
	Intern	ational	level	-						
3.25	No. of Extension activities	organiz	ved	University	foru	n	_		]	
		Jigainz	Lu	College for			10			
				NCC			-			
				NSS			15			
				Any other			10			
3.26	Major Activities during the	e year in	the	• Cel	lebra	tion	of Scienc	e Day		
	sphere of extension activit	ies and					tion and H	•	Check -	
	Institutional Social Respor			-	camj	-				
		sionity		• Celebration of International						
					omen		•	<b></b> -		
					-		ion on the	e Natio	nal	
				En	viorr	imen	nt Day.			

	Criterio	n – IV								
		ucture and								
4.1		increase in	infrastruct	-				~		
	Facilities	Existing		Newly created		Source		Total		
	Campus a	3 Acer	S		-	Manage		-		
	Class roo	12		-		Manage		-		
	Laborator	05		-		Manage		-		
	Seminar	01			-	Manage	ement	-		
	purchase	No. of important equipments purchased ( $\geq$ 1-0 lakh) during the current year.				-			-	-
		Value of the equipment purchased during the year (Rs.			19		-	0	wn	-
	Others (		SI	ports	Ground	-		-		
							facilities zation of l	ibrary w	vith nece	ssary
				• ]	Bar co	oding	internet ar system fo ET learnir	ollowed	in the Li	brary
4.3	Library se	ervices (201		• ]	Bar co	oding B-NI	system fo ET learnir	ollowed	in the Li rial is ava	brary ailable
4.3	Library se	ervices (201		• Existing	Bar co INFLI	oding B-NI	system fo ET learnir Newly addo	bllowed	in the Li rial is ava	brary ailable
4.3			No.	Existing	Bar co INFLI lue	oding B-NI	system fo ET learnir Newly addo Io. V	ollowed	in the Li rial is ava Tot No.	brary ailable
4.3	Text Boo	oks	No. 4863	Existing	Bar co INFLI lue	bding B-NI	system fo ET learnir Newly addo to. V 52	ollowed ng mater ed alue	in the Li rial is ava Tot No. 5129	brary ailable al value -
4.3	Text Boo Reference	oks	No. 4863 145	Existing	Bar co INFLI lue -	Deding B-NI	system fo ET learnin Newly adda to. V 52 22	ollowed ng mater ed alue -	in the Li rial is ava Tot No. 5129 167	brary ailable
4.3	Text Boo Reference e-Books	oks	No. 4863 145	Existing	Bar co INFLI lue - -	Deding B-NI	system for ET learnin Newly addo to. V 52 -	ollowed ng mater ed alue - -	in the Li rial is ava Tot No. 5129 167 -	brary ailable al value -
4.3	Text Boo Reference e-Books Journals	ks e Books	No. 4863 145 - 02	Existing	Bar co INFLI lue - -	oding B-NI	system for ET learnin Newly adde to. V 52 - - -	ollowed ng mater ed alue - - -	in the Li rial is ava Tot No. 5129 167 - -	brary ailable al value - - - - -
4.3	Text Boo Reference e-Books Journals e-Journal	s	No. 4863 145	Existing Va	Bar co INFLI lue - - - -	oding B-NI	system for ET learnin Newly addo to. V 52 -	ollowed ng mater ed alue - - - -	in the Li rial is ava Tot No. 5129 167 -	brary ailable al value -
4.3	Text Boo Reference e-Books Journals e-Journal Digital D	iks e Books s atabase	No. 4863 145 - 02 -	Existing Va O	Bar co INFLI lue - - - -	oding B-NI	system for ET learnin Newly adde to. V 52 - - -	bllowed ng mater ed alue - - - - - -	in the Li rial is ava Tot No. 5129 167 - -	brary ailable al value - - - - - - -
4.3	Text Boo Reference e-Books Journals e-Journal Digital D CD & Vic	oks e Books s s atabase leo	No. 4863 145 - 02 -	Existing Va	Bar co INFLI lue - - - -	oding B-NI	system fo ET learnin Newly adda to. V 52 	ollowed ng mater ed alue - - - -	in the Li rial is ava Tot No. 5129 167 - - - - -	brary ailable al value - - - -
4.3	Text Boo Reference e-Books Journals e-Journal Digital D	oks e Books s s atabase leo	No. 4863 145 - 02 - - 10	Existing Va	Bar co INFLI lue - - - - - -	oding B-NI	system fo ET learnin Newly adde to. V 52 	ollowed ng mater ed alue - - - - - -	in the Li rial is ava Tot No. 5129 167 - - - - -	brary ailable al value - - - - - - -
	Text Boo Reference e-Books Journals e-Journal Digital D CD & Vic Others (S	ks e Books s batabase leo specify) gy up grada	No. 4863 145 - 02 - - 10 -	Existing Va	Bar co INFLI lue - - - - - -	oding B-NI	system fo ET learnin Newly adde to. V 52 	ollowed ng mater ed alue - - - - - -	in the Li rial is ava Tot No. 5129 167 - - - - -	brary ailable al value - - - - - - -
	Text Boo Reference e-Books Journals e-Journal Digital D CD & Vic Others (S	s e Books s eatabase deo specify)	No. 4863 145 - 02 - - 10 -	Existing Va	Bar co INFLI lue - - - - - -	bding B-NI	system fo ET learnin Newly adde to. V 52 	ollowed ng mater ed alue    	in the Li rial is ava Tot No. 5129 167 - - - - -	brary ailable al value - - - - - - -
	Text Boo Reference e-Books Journals e-Journal Digital D CD & Vic Others (S	ks e Books s atabase deo Specify) gy up grada Existing	No. 4863 145 - 02 - - 10 - tion (overa Computer	Existing Va Va 	Bar co INFLI lue - - - - - - - - - - -	bding B-NI	system for ET learnin Newly adde to. V 52 - - - - - - - - - - - - - - - - - -	ollowed ng mater ed alue    	in the Li rial is ava Tot No. 5129 167 - - - - - - - - - - - - - - - - - - -	brary ailable al value - - - - - - -
4.3	Text Boo Reference e-Books Journals e-Journal Digital D CD & Vic Others (S	ks e Books s atabase leo Specify) gy up grada Existing Computers	No.           4863           145           -           02           -           10           -           10           -           Lion (overa           Computer           Labs	Existing Va Va C C C C C C C C C C C C C C C C C	Bar co INFLI lue - - - - - - - - - - - - - - - - - - -	bding B-NI	system for ET learnin Newly addo to. V 52 2 22 - - - - - - - - - - - - - - - - -	ollowed ng mater ed alue - - - - - - - - - - - - -	in the Li rial is ava Tot No. 5129 167 - - - - - - - - - - - - - - - - - - -	brary ailable al value - - - - - - - - - - - - - - - - - - -

4.5	Computer, Internet access, training to teachers and students and any other programme for technology Up- gradation (Networking, e- Governance etc.) Amount spent on maintenance in lakhs (2017 -18): (i) ICT (ii) Campus Infrastructure and facilities (iii) Equipments (iv) Others <b>Total:</b>	<ul> <li>Training on Google Apps for students and teachers</li> <li>ICT training programme for students and teachers</li> <li>1.0 0.75</li> <li>3.5 0.5 5.75</li> </ul>
5.	Criterion – V	
	Student Support and Progression	
5.1	Contribution of IQAC in enhancing awareness about Student Support Services	<ul> <li>Conducted programmes on career guidance</li> <li>Conducted Subject wise special coaching classes for slow learner</li> <li>Conducted various training programmes for students</li> <li>Encourage the students to take part in community development activities</li> <li>Internet facility with Wi-Fi connectivity is made available throughout the campus to support the students in enhancing their knowledge.</li> </ul>
5.2	Efforts made by the institution for tracking the progression	<ul> <li>Opportunity to conduct seminars for the fast learners</li> <li>Additional coaching and assignments for below average students</li> <li>Evaluation of students by conducting unitwise offline test and model exams</li> <li>Interaction with alumni</li> <li>Periodic Parent - Teachers meeting</li> <li>Conducted academic audit</li> </ul>

5.3	(a)	(a) Total Number of students												
			UG		PG			Ph.D		0	thers		Tot	tal
		1	156		-			_		-			1156	
	(b) No. of students outside the			a eta	ite: E	1								
	, ,						_	_						
	(c	) NO. (	or into	ernatio	nal stude	nts	: [							
	м	len		No	%	Ś	w	omen		No		%	٦	
l	101			372	32.		•••	omen		784	6	7.82		
		Yea	ar 201	7-18					Ye	ear 2018	8-19			
Gene		SC	ST	OBC	Physicall Challenge	-	Total	General	SC	ST	OBC	Physi Chall	cally enged	Total
54		106	166	882	-		1208	152	98	153	753	-	-	1156
			De	mand ra	ttio: 🗖			Drop	out %:	-				
5.4	Details of student support mechanism for coaching for competitive examinations (If any)					•	Guidance Orientati Coaching	on ab	out lea	rning	oppor	tunitie	es	
	No	o. of st	tuden	t benef	ficiaries:			260						
5.5				-	ified in			NET :		-	SE	ET/SE	LF :	-
	the	ese exa	amina	ations				GATE :		-	C.	AT/M	AT:	-
								IAS/IPS	etc :	-	St	ate PS	C :	_
								UPSC :		-	0	thers	:	_
5.6		etails o					٠	To give i	deas a	about s	tudy r	nateri	als of	
			-	nd care	er	competitive exams								
	gu	idance	e			Career guidance programme for students						nts		
							•	Orientati	on on	banki	ng exa	ım and	l onlii	ne exams
	No	o. of st	tuden	t benef	fited:			200						
5.7	De	etails o	of car	npus p	lacement	_1								
					On c		ous					0	ff can	npus
		1	Numbe	er of	N	umb	er of S	tudents	Nur	nber of	Studen	ts	Num	iber of
		Organ	izatio	ns Visite	ed	Pa	rticipa	ted		Place	ed		Studen	ts Placed
			01				570			60				20

5.8	Details of gender sensitization	n • Awa	areness throug	h Value E	Education and		
	programmes	Mer	ntorship				
		• Wo	Women Development Cell conducted Gender				
			sitization prog				
			Conducted women empowerment programm				
		for g	girl students				
5.9	Students Activities		• 1 1				
5.9.1	No. of students participated i		ersity level :				
	Sports, Games and other	National	:	-			
	events	Internationa	al level :	_			
	No. of students participated i	n State/ Univ	ersity level :	-			
	cultural events	National	:	-			
		Internationa	al level :	-			
5.9.2	No. of medals /awards won	Sports:					
0.0.1	by students in Sports, Games						
	and other events		ersity level :	_			
		National	:	-			
		Internationa	al level :	-			
		Cultural :					
		State/ Univ	ersity level :	-			
		National	:	_			
		Internationa	al level :	-			
5.10	Scholarships and Financial S	upport					
	Particulars	11	Number of s	tudents	Amount in		
					lakhs		
	Financial support from institutio		-		-		
	Financial support from governm Financial support from other so		917		38.78591		
	Number of students who recei		-		-		
	International/ National recognit						
5.11	Student organised / initiatives	Fairs:		Eh	· <b>I</b> · · · · · · · · · · · · · · · · · · ·		
5.11	-	<b>Fairs:</b> State/ Universit	v level · 🗖		ibition:		
		National	: 🗆	Nationa			
		International le	vel -		onal level : 🗆		
				memati			

5.12	No. of social initiatives undertaken	by the students	20			
5.13	Major grievances of students (if any	y) redressed	Nil			
6.	Criterion – VI Governance, Leadership and M	Criterion – VI Governance, Leadership and Management				
6.1	State the Vision and Mission of	Vision:				
	the institution	lemic excellence by promoting				
		education, to lead as a precious resource for				
		society and nation				
		Mission:				
		To devel	op students with higher			
		<ul> <li>knowledge, lifelong learning skills an groom them into responsible citizen</li> <li>Social transformation through Dynam</li> </ul>				
		Educatio	'n			
		• Enhancii	ng growth opportunities for			
		employa	bility			
		Focusing	g on continuous improvement in			
		quality o	f education			
6.2	Does the Institution has a	Yes				
	management information system					
6.3	Quality improvement strategies add	opted by the institu	ution for each of the following:			
6.3.1	Curriculum Development	Follows	the curriculum of Sant Gadge			
		Baba An	nravati University			
		• Discuss	with internal and external			
		experts f	rom academia for enriching			
		curriculu	ım			
		Invilving	stakeholders in the curriculum			
		design				
		• Feedback	k is given to the BOS of			
		Universi	ty			
6.3.2	Teaching and Learning	• Guest lea	ctures by eminent experts			
			ed student's seminar and quiz			
		competit	-			

		<ul> <li>ICT enabled teaching</li> <li>Special coaching for slow learners</li> <li>Creation of learning environment in the class by giving project and assignment</li> </ul>
6.3.3	Examination and Evaluation	<ul><li>Surprise class test and unit test</li><li>Terminal exam on time</li></ul>
6.3.4	Research and Development	<ul> <li>Encouraging the staff to apply for research projects to funding agencies.</li> <li>Duty leave for attending conferences/ workshops/ symposia</li> <li>Encouraging faculty to attend and present papers in state/national/ international conferences and seminars</li> <li>Teaching faculty are motivated to published research articles on their work in reputed journals</li> </ul>
6.3.5	Library, ICT and physical infrastructure / instrumentation	<ul> <li>Campus is enabled with Wi-fi facility</li> <li>Library has INFLIB-NET learning material</li> <li>Computer lab has sufficient computers with internet facility</li> <li>Well equipped laboratories and specious classrooms</li> </ul>
6.3.6	Human Resource Management	<ul> <li>Conducted Career awareness programme</li> <li>Arranging various orientation programmes</li> <li>Organized various novel activities on carrier guidance</li> </ul>

6.3.7	Faculty and Staf	ff recruitm	ent	Reservation policy as per the Government of				
			Maharashtra					
	Cand					selected on the basis of		
				qualificat	ion, ex	xperience, good academic and		
				research j	perform	mance		
				Faculty a	nd stat	ff are recruited on the basis of		
				the eligib	ility cı	riteria		
6.3.8	Industry Interac	tion /		• C	ollabra	ation with Research Organisation		
	Collaboration				-			
	Conaboration				ation with Bank, hospitals and			
				GO'S				
			• C	onduc	ted placement programme			
6.3.9	Admission of St		Admission process as per the norms of					
			parent university and Government of					
			Maharashtra					
			• Admission process is undertaken after					
			declaration of H.S.C. results.					
				• A	dmissi	ion process is published in		
				college prospects				
6.4	Welfare schemes	for						
				Teachin				
				Non- tea	ching	Maregaon co-operative society		
				Students		Scholarships		
6.5	Total corpus func	l generated	1	Nil				
6.6	Whether annual finates been done	ancial audit	has	V	es 🗹	No 🖃		
6.7	Whether Academic	and Admini	istrative A		••	110 —		
	Audit Type	Exter	rnal	Inter	mal			
			Agency	Yes/No	Autho	prity		
	Academic		Private	Yes	Inter	nal Assessment Committee		
	Administrative		Private	Yes		kari Shikshan Sanstha, Maregaon		
6.8	Does the University	/ Autonomo	ous Colleg	e declares	results	within 30 days?		
	For UG Pro	grammes			Yes	s 🗹 No 🗌		
	For PG Pro	-			Yes	s 🗌 No 🗌		

6.9	What efforts are made by the	• Announcement of exam results within 30
	University/Autonomous College	days after the completion of the
	for Examination Reforms?	examination
		• Revaluation of answer scripts based on
		request of students
		Based on request of students Photocopies
		of Answer scripts are provided
6.10	What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?	Not applicable
6.11	Activities and support from the	• Interacts with students
	Alumni Association	• Motivate and guide the students for
		entrepreneurship
		• Delivered guest lectures for students
6.12	Activities and support from the	• The parents interact with teaching faculty
	Parent -Teacher Association	and heads of the departments
		• Parents know progress of their ward's
		• College offer suggations for further
		improvement and development of the
		students
6.13	Development programmes for	Staff orientation Programme
	support staff	• Skilled development programme to the
		non - teaching staff
6.14	Initiatives taken by the institution	Rain water harvesting
	to make the campus eco-friendly	• Used of LED bulbs
		Energy conservation
		• Use of renewable energy
		• Tree plantation
7	Criterion – VII	I
	<b>Innovations and Best Practices</b>	\$
7.1	Innovations introduced during	• Social involvement of the students by
	this academic year which have created a positive impact on the	NSS
	functioning of the institution.	• Improving teaching skills of faculty
	Give details	member by various programmes

<ul> <li>Guest lecture on complete health at balance diet</li> <li>Workshop on competitive exam pro</li> <li>Guest lecture on current affairs</li> <li>Tree plantation on national enviorm</li> <li>Developed vermi-compost activity department of zoology</li> <li>Developed botnical garden by depa botany</li> </ul>	eparation ament day by artment of
<ul> <li>Workshop on competitive exam pro- Guest lecture on current affairs</li> <li>Tree plantation on national enviorm</li> <li>Developed vermi-compost activity department of zoology</li> <li>Developed botnical garden by depa botany</li> </ul>	ament day by artment of
<ul> <li>Guest lecture on current affairs</li> <li>Tree plantation on national enviorm</li> <li>Developed vermi-compost activity department of zoology</li> <li>Developed botnical garden by depa botany</li> </ul>	ament day by artment of
<ul> <li>Tree plantation on national enviorm</li> <li>Developed vermi-compost activity department of zoology</li> <li>Developed botnical garden by department</li> </ul>	by artment of
<ul> <li>Developed vermi-compost activity department of zoology</li> <li>Developed botnical garden by depa botany</li> </ul>	by artment of
<ul> <li>department of zoology</li> <li>Developed botnical garden by depa botany</li> </ul>	artment of
Developed botnical garden by depa botany	
botany	
	nted rain
	nted rain
Department of chemistry implement	
water harvesting project	
Department of physics carried out a	soil
analysis and e-waste management	
7.2 Provide the Action Taken Report (ATR) based on the plan of action decided	upon at
the beginning of the year	
Activities Planed Activities Executed	
To organize guest lectures42 guest lecturers conducted	
To organize workshops         Organized 03 workshops	
To organize Alumni interactions         Conducted 30 alumni interactions	
Faculty exchange programme         Conducted faculty interchange programme	
Tree plantation (40)30 trees are planted and grown succession	2
To organize Blood Donation camp NSS organized Blood Donation cam	р
Wild life week celebration         Organized Wild week celebration	
Scientific awareness programme College level scientific awarene	SS
programme conducted	
Quiz and seminar competition Conducted quiz and seminar	
competition for students	
7.3 Give two Best Practices of the institution <b>Best practice-I:</b> Carrier Develop	pment:
((please see the format in the NAAC Self- Skill Development programme	
study Manuals) Bost practice II: Stress manage	ement
*Provide the details in annexure (annexure need to be numbered as i, ii, iii) programme	

7.4	Contribution to environmental awareness <ul> <li>Organized awareness programme on water and energy conservations</li> <li>Training programme on rainwater harvesting</li> <li>Awareness on e-wastage and food waste</li> </ul>
7.5	Whether environmental audit was conducted? Yes No 🗹
7.6	Any other relevant information the institution wishes to add (for example SWOT Analysis)
	Strength
	Adequate Infrastructure
	Well equipped and well furnished laboratory
	Highly qualified committed and dedicated staff
	• The various committees and cells of the college make their significant
	contribution for the academic and administrative progress of the college
	• Faculty members are actively engaged in research
	• Wi-Fi connectivity in the campus
	• Some faculty members are reviewers of some peer journals
	• Transparency, diversity and inclusiveness in admission process
	Pro-active parent management
	Weakness
	Lack of exposure to English Language
	<ul> <li>Lack of opportunities for local industrial collaborations</li> </ul>
	<ul> <li>Lack of research lab for quality research</li> </ul>
	<ul> <li>Urban and quality students could not attract due to tribal area</li> </ul>
	<ul> <li>Economically poor background of the students</li> </ul>
	<ul> <li>Most of the Students are slow learners</li> </ul>
	Opportunities
	An advanced centre catering to UG education
	• To make departments more research oriented
	• Focus on national collaboration and networking with premier institutions
	and industry for advanced, applied research and academic interaction

Challen							
	-						
• ′	To achieve academic excellence.						
• ]	Limitation and constraint in government financial suppo	ort.					
• ]	Develop a culture that emphasizes the responsibility of the students in the learning process.						
]							
	Low motivation and aspiration among students.						
• ′	To improve communication skill of the students.						
• ′	To create more opportunities for placement in civil and o	other services					
• ]	Limited job opportunities for the students						
Plans of institution for next year							
Sr. No	Plan of Action	2018-19					
1.	To conduct guest lectures	42					
2.	To conduct National seminars	01					
3.	To conduct Dental Checkup campaign	01					
4.	To conduct Medical Chekup campign	01					
5.	To conduct research methodology workshops	02					
6.	Field visit	02					
	Alumni interaction	30					
7.	To conduct legal awareness campaign	02					
7.           8.	To conduct international seminar	01					
8.	To conduct environment protection campaign	02					
8. 9.	To conduct environment protection campaign Study tour	02 02					
8. 9. 10.							
8. 9. 10. 11.	Study tour	02					
8. 9. 10. 11. 12.	Study tour       Tree plantation	02 30					
8.         9.         10.         11.         12.         13.	Study tour       Tree plantation       To conduct orientation programme	02 30					
8.         9.         10.         11.         12.         13.         14.	Study tour         Tree plantation         To conduct orientation programme         Developing novel research in thrust area	02 30					
8.         9.         10.         11.         12.         13.         14.         15.	Study tourTree plantationTo conduct orientation programmeDeveloping novel research in thrust areaEnhancing collaborative projects	02 30					

andars

Dr. N. R. Pawar Signature of the Coordinator, IQAC

Dr. Avinash N. Gharde Signature of the Chairperson, IQAC

Revised Guidelines of IQAC and submission of AQAR

## ANNEXURES

Revised Guidelines of IQAC and submission of AQAR

### Abbreviations:

- CAT Common Admission Test
- GATE Graduate Aptitude Test
- ICT Information and Communication Technology
- MOU Memorandum of Understanding
- NET National Eligibility Test
- NSS National Service Scheme
- RRB Red Ribbon Club
- SF Self Financing
- SLET State Level Eligibility Test
- TANCET Tamilnadu Common Entrance Test
- TEI Teacher Education Institution
- UPSC Union Public Service Commission
- YRC Youth Red Cross

#### ARTS, COMMERCE AND SCIENCE COLLEGE, MAREGAON

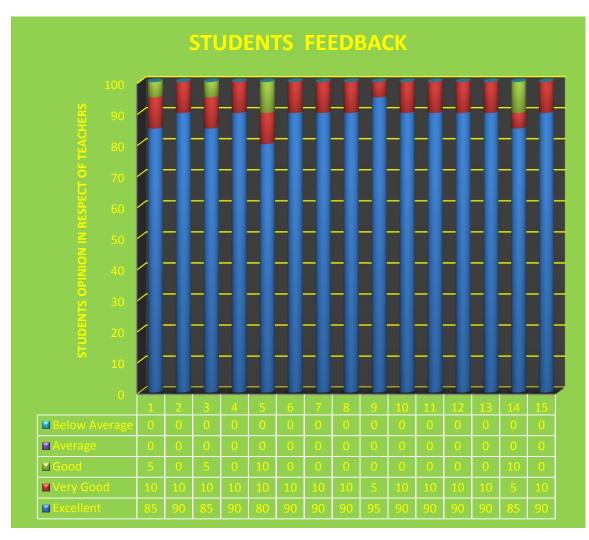
Academic Year: 2017-18

#### Analysis of Student Feedback

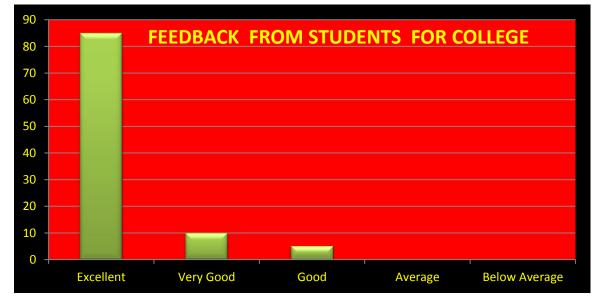
The honest opinion of the students in respect of teachers handling lecture classes for the academic year 2017-18 regarding to relevant slots given in the following tables are collected by the feedback committee, analysed it, overall rating in % for all teachers is given in the following tabular form.

Sr. No	Parameters	Excellent	Very Good	Good	Average	Below Average
1.	Communication Skill and Knowledge base of the teacher (as perceived by you)	85	10	5	0	0
2.	Teachers approach towards students and Punctuality in the Class	90	10	0	0	0
3.	Sincerity and Regularity in taking Classes	85	10	5	0	0
4.	Students attendance in the class of teacher who is being evaluated	90	10	0	0	0
5.	Makes alternate arrangement of class in his/her absence	80	10	10	0	0
6.	Uses of teaching aids (OHP/ Blackboard /PPT's)	90	10	0	0	0
7.	Availability of teacher in the laboratory for whole duration of laboratory hours and regular checking of laboratory note books	90	10	0	0	0
8.	Uses of innovative teaching methods	90	10	0	0	0
9.	Completes syllabus of the course in time	95	5	0	0	0
10.	Control mechanism in effectively conducting the class	90	10	0	0	0
11.	Helps students in realizing their strengths and developmental needs and approach towards developing professional skills among students	90	10	0	0	0
12.	Ability to design quizzes /tests/ assignments / examinations and projects to evaluate students understanding of the course	90	10	0	0	0
13.	Approach towards developing professional skills among students and help them in realizing career goals	90	10	0	0	0
14.	Provision of sufficient time for feedback	85	5	10	0	0
15.	Overall rating	90	10	0	0	0

Revised Guidelines of IQAC and submission of AQAR



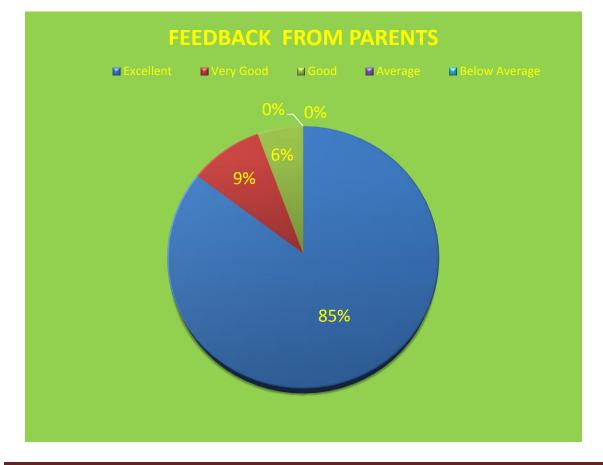




#### ARTS, COMMERCE AND SCIENCE COLLEGE, MAREGAON Academic Year: 2017-18

Sr.No.	Parameters	Excellent	Very Good	Good	Average	Below Average
1.	. The admission process in the College		5	5	0	0
2.	The Academic Calendar of the college is well designed	80	10	10	0	0
3.	Quality of teaching offered by the college	90	10	0	0	0
4.	Examination system adopted by the college	80	10	10	0	0
5.	Discipline maintained by the college	80	10	10	0	0
6.	Technical knowledge and communication skills acquired by your ward after the admission to our college	90	5	5	0	0
7.	Extracurricular activities run by the college	85	5	10	0	0
8.	Sports facilities in the college	85	10	5	0	0
9.	Student's counseling and guidance	80	10	10	0	0
10.	Library facilities	80	10	10	0	0
11.	Examination results are declared timely	90	10	0	0	0
12.	The college Employees are cooperative	95	5	0	0	0
13.	Infrastructure and maintenance of college premises	90	10	0	0	0
14.	Canteen facility	80	10	10	0	0
15.	View on Parents Feedback	85	10	5	0	0
16.	Overall rating	90	10	0	0	0

Analysis of Parent Feedback

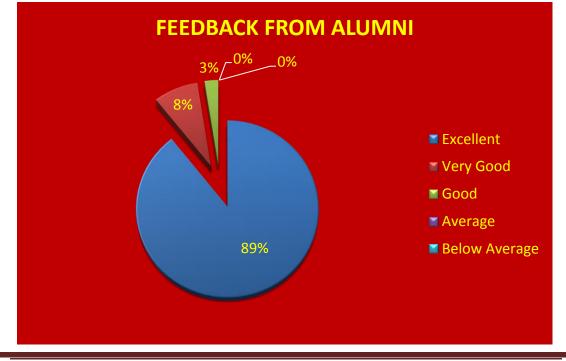


Revised Guidelines of IQAC and submission of AQAR

#### ARTS, COMMERCE AND SCIENCE COLLEGE, MAREGAON Academic Year: 2017-18

#### Very Below **Excellent** Good Average Sr. **Parameters** Average Good No The learning I had in the college is useful in 95 05 00 00 00 1. my life The developments in the college in recent 90 00 00 2. 10 00 years are appreciative 3. The alumni have a role to play in 85 10 05 00 00 academically strengthening the college further The college administration should take 4. 85 10 05 00 00 initiative to efficiently enroll and strengthen the alumni-association Are you willing to contribute to the 95 05 00 5. 00 00 development of the college 05 6. Infrastructure and Lab facilities 85 10 00 00 85 10 05 00 00 7. Library 10 00 8. Environment 90 00 00 100 00 00 00 00 9. Fee structure 05 10. How do you rate the learning experience in 85 10 00 00 terms of their relevance to the real life application Is the education imparted at college useful 11. 85 10 05 00 00 and relevant in your present job 12. What is the caliber of students passing out of 85 10 05 00 00 this college 13. View on Alumni Feedback 95 05 00 00 00 14. Overall rating 90 10 00 00 00





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**Annexure-III** 

#### ARTS, COMMERCE & SCIENCE COLLEGE, MAREGAON, DIST. YAVATMAL – 445 303

(Accredited by NAAC at 'B+' Grade with CGPA 2.51) <u>ACADEMIC CALENDAR 2017-18</u>

#### B.A./B.Sc./B.Com.

The following revised Academic Calendar for the year 2017-18 in respect of B.A./B.Sc./ B.Com. Degree courses is hereby notified

#### **College Opening 19 June 2017**

Working	& Teaching	r Dave ir	n Month
working	& reaching	g Days II	

Sr. No.	Month	Total Days	Sunday	Public Holiday	Total Working Days	Total Teaching Days		
1	June 2017	12	01	01	10	-		
2	July 2017	31	05	-	26	26		
3	Aug. 2017	31	04	03	24	24		
4	Sept. 2017	30	04	02	24	24		
5	Oct. 2017	15	03	01	11	11		
6	Nov. 2017	26	04	-	22	22		
7	Dec. 2017	31	05	02	24	24		
8	Jan. 2018	31	04	01	26	26		
9	Feb. 2018	28	04	02	22	22		
10	March 2018	31	05	02	24	11		
11	April 2018	29	05	02	22	-		
	Total	295	44	16	235	190		
Total Working Days		235 Days	39.16 Week	<u> </u>				
Adm	ission Process	10 Days	1.66 Week					
Teaching Days		190 Days	31.66 Week					
Exams		21 Days	3.5 Week					
Other Events		14 Days	2.33Week					
Vacation		Winter	16 October 2017 To 04 November 2017					
		Summer	30 April 2018 To 09 June 2018					

Revised Guidelines of IQAC and submission of AQAR

#### ACADEMIC CALENDAR 2018-19

#### B.A./B.Sc./B.Com.

The following revised Academic Calendar for the year 2018-19 in respect of B.A./B.Sc./ B.Com. Degree courses is hereby notified

#### **College Opening 14 June 2018**

#### Working & Teaching Days in Month

Sr. No.	Month	Total Days	Sunday	Public Holiday	Total Working Days	Total Teaching Days	
1	June 2018	16	02	01	13	-	
2	July 2018	31	05	-	26	26	
3	Aug. 2018	31	04	03	24	24	
4	Sept. 2018	30	05	02	23	23	
5	Oct. 2018	3 1	04	02	25	22	
6	Nov. 2018	10	02	-	08	05	
7	Dec. 2018	31	05	01	25	25	
8	Jan. 2019	31	04	01	26	26	
9	Feb. 2019	28	04	01	23	23	
10	March 2019	31	05	02	23	11	
11	April 2019	29	04	03	22	-	
	Total	299	44	16	238	185	
Tota	l Working Days	238 Days	39.67 Week				
Adm	iission Process	10 Days	1.66 Week	-			
Teaching Days		185 Days	30.83 Week				
Exams		18 Days	3.0 Week				
Other Events		25 Days	4.16 Week				
Vacation		Winter	5 November 2018 To 24 November 2018				
Summer			30 April 2019 To 08 June 2019				

Revised Guidelines of IQAC and submission of AQAR

### **BEST PRACTICES**

Revised Guidelines of IQAC and submission of AQAR

#### **Best Practice No.1:**

# Title of the Practice: Carrier Development: Skill Development programme Goal:

Skill development is important for desired carrier development of the students. The goal of the programme is to train the students for soft and communication skills such as group discussion, quiz on syllabus topic, English reading, pronunciation, writing and speaking. The aim of Carrier Development: Skill Development programme is to empower them for becoming most social and compete for job opportunity.

#### **The Context:**

The Skill is the part of any teaching programme and makes the students most social and employable besides the acquisition of the degree. The initiative was taken up for curriculum designed with the actual requirements and equipped with necessary skills. Learning is required for 70% development, interactions with others help for 20% development, this includes participating in communities, being a mentor and leadership. The remaining 10% of development should be come from training during classes, seminars, workshops and conferences. Once students indentify the skills they develop to achieve their goals.

#### **The Practice:**

The teachers from the Department of English designed programme and carried out with the help of teachers from all faculties. No fee collected from the students for the same and teachers put special efforts without remuneration besides the regular work. The students are selected through a simple test. The selected students are made aware of the Carrier Development: Skill Development. Theory and practical classes are conducted regularly. The study materials made available for students.

Reading, pronunciation and English speaking are achieved by classroom listening, pronunciation of vowels, finding errors, class room reading and text reading, to speak English exercise, to look at pictures and developed conversation and to write conversation. Writing skill is achieved letter writing, report writing, note writing and news report writing.

Group discussion, video presentation of group discussion and group activities are organized regularly. Telephonic conversations, mock interview, seminar, making profile, preparing for presentation, time management, searching study materials are organized.

All the activities related with skill development and career management. It is a continuous process and helpful to think on philosophy and set of habits that will enable to achieve career goals and develop career resiliency.

Successful career management is accomplished through regular habits of building relationship by sharing knowledge and novel ideas and engaging in career development conversations.

The impact of the programme is immense. A large number of students intend to join the programme and want to get the benefit of this voluntary initiative from the teachers.

#### **Resource Required:**

Resource persons having knowledge of English as well as skills, CDs, DVs, Books, etc.

#### **Best Practice No.2:**

### **Title of the Practice**: Stress management programme **Goal:**

Stress management is a wide spectrum of techniques and aimed at controlling a person's level of stress. Stress produces numerous physical and mental symptoms which vary according to each individual's situational factors. These can include physical health decline as well as depression. The process of stress management is named as one of the keys to a happy and successful life in modern society. The aim of stress management programme is to provide a number of ways to controlled stress and manage anxiety and maintain overall well-being

#### **The Context:**

The school and college environment is most competitive and students have aim for getting higher score in examination. This can lead to chronic stress. The students in the college are from different cultures, this also shown to have some major effects on stress coping problems. Many students have spill over stress from their study and working environment. Number of ways today tries to alleviate stress on the students. An eye opening statistic showed that nearly 54% of students suffer from anxiety while studding.

#### **The Practice:**

The teachers from the Department of Commerce designed programme and carried out with the help of teachers from all faculties. No fee collected from the students for the same and teachers put special efforts without remuneration besides the regular work. Students affected by stress are selected through a simple test. The selected students are made aware of the stress management and classes are conducted regularly. The perceived stress scale is a widely used subjective tool for measuring stress levels. It consists of 10 questions, and asks students. How stressed they felt are summed from total score and interaction with students.

Students are made aware about three steps: primary, secondary, tertiary. Primary deals with eliminating the stressors altogether. Secondary deals with detecting stress and figuring out ways to cope with it and improving stress management skills. Finally, tertiary deals with recovery and rehabbing the stress altogether. These three steps are usually the most effective way to deal with overall stress.

Developing social support is effective way to avoid stress. Conducted stress relief activities like quiz, singing competition, students board activities, seminars, workshops, some physical activities, Yoga, etc positive outcomes are developed in the students.

Resource Required: Resource persons, CDs, DVs, Books, etc.